



### *Racial Taboo™ Discussion Exercise*

#### **Steps**

1. Describe exercise, its purpose, duration and expectations
2. We will be breaking up into small groups of 3-10 and talking about the film
3. Each person in the group will spend two minutes answering the question: What about this film caused an emotional reaction or what did you learn when watching this film?  
Alternatively the structured exercise can be used below.
4. After each person has answered this question, spend time sharing with each other or (alternatively) go through the exercise below
5. We will give you a two minute warning prior to the end of the exercise to wrap-up
6. One person from each group will to share for one minute after the conversations – so pick someone to speak for your group
7. Review group guidelines
  - Enjoy yourself and create a safe environment
  - Pick someone to be a time keeper
  - Pick someone to report on the group's activities to the group
  - Everyone needs to have an equal opportunity to share
  - Be open and let people know if you are uncomfortable and would like to stop
8. OK, let's break out in to groups of 3-10 people

#### **Facilitator Role**

- Start the group discussion by asking the question: What about this film caused an emotional reaction or what did you learn when watching this film?
- Time keeper – Keep people to two minutes for the initial question, then establish pacing and provide a two minute warning
- Facilitate selection of a group representative to share with the larger group
- Create and maintain a safe environment
- Make it OK for people stop sharing/interacting
- Encourage quite people to share their thoughts
- Make sure that everyone has an equal opportunity to share

Back-Up Structured Exercise

**1<sup>st</sup> Set of Questions**

1. **What particularly struck you, (sort of gut level reaction) about *Racial Taboo*?**
2. What made you stop and think or challenged what you thought?
3. What confirmed your or was similar to your beliefs or racial experiences?
4. What challenged your beliefs or was difficult to believe?

**2<sup>nd</sup> Set of Questions**

1. As a result of this film and your discussion what do you need to do to improve your relationships across race?
2. What challenges might there be in establishing friendships/dialogue across racial lines?
3. How do you see yourself benefiting from such a friendship?
4. How have you benefited from such friendships in the past?